

**Support and counselling**  
at the University of  
Music and Theatre Munich

You are studying or working at the  
HMTM and **have experienced something  
you feel uncomfortable with?**

*This is how you get help.*

**myt**

What would you like to do?

I would like to  
*get information.*

I would like to  
*talk to someone confidentially.*

I would like to  
*make a formal complaint.*

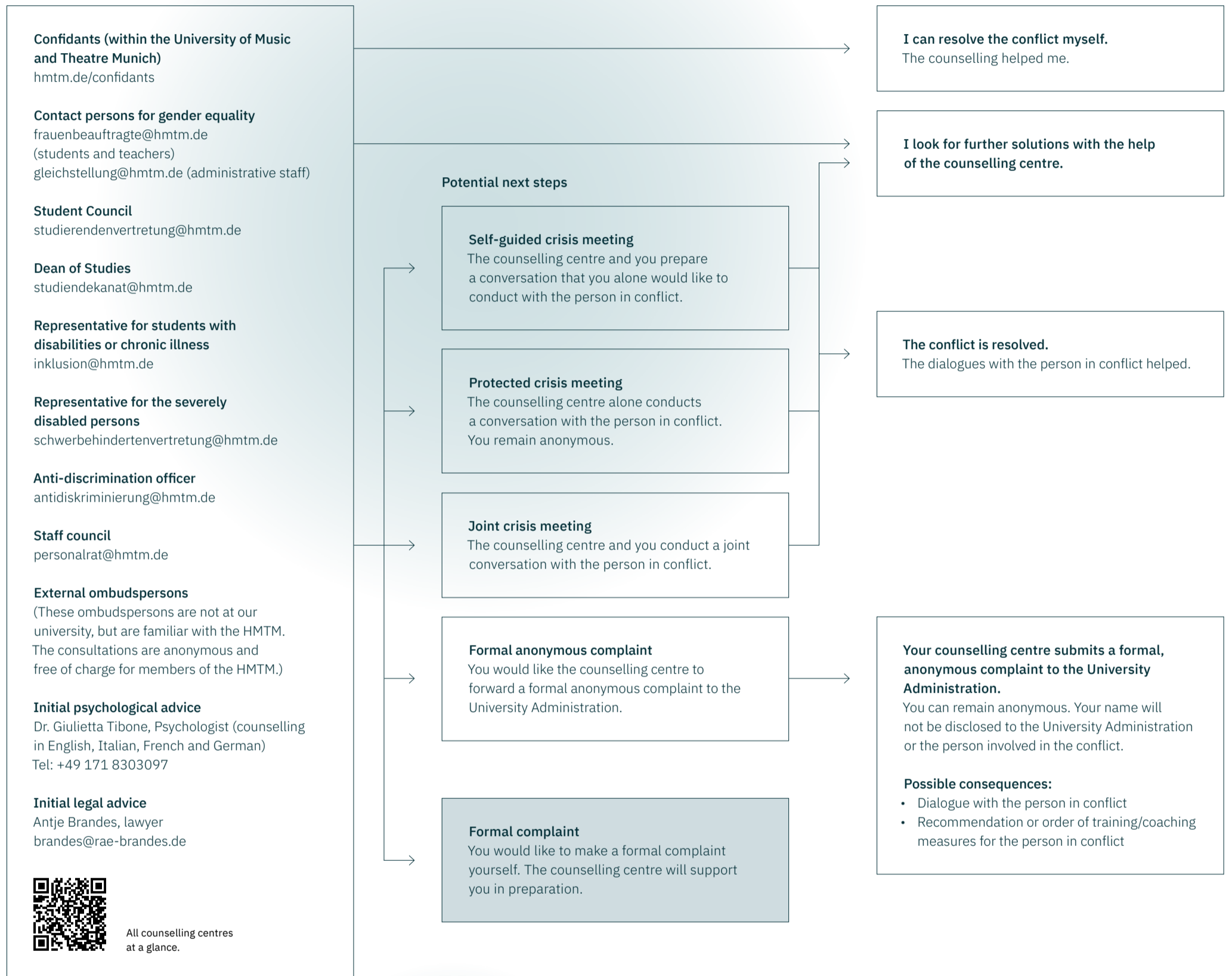
Further information 



## ... talk confidentially

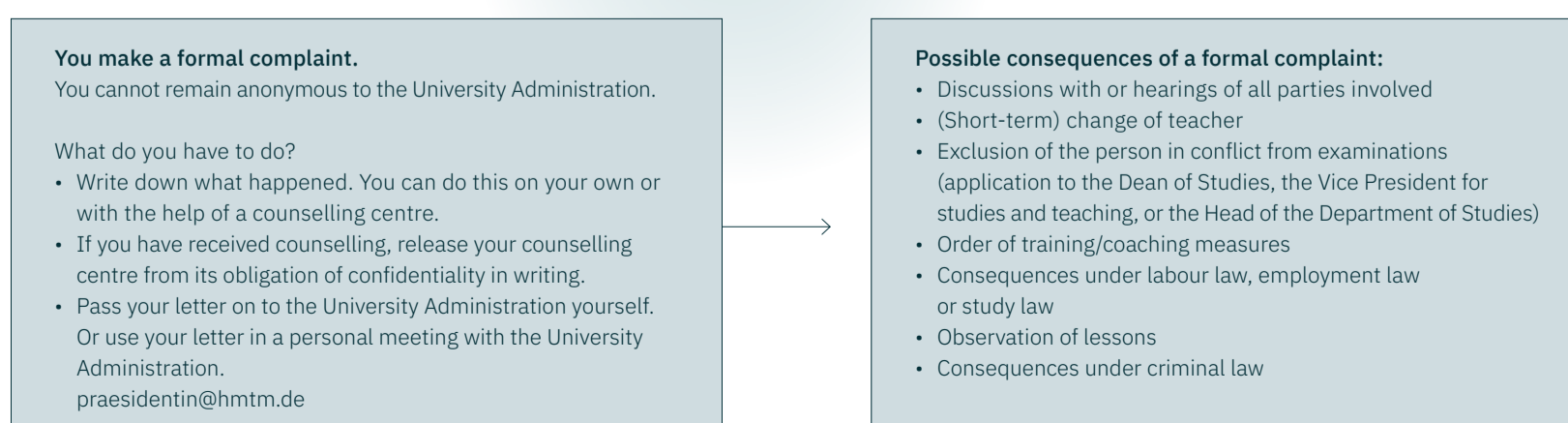
There are different advisory services at our university. We listen to you and advise you – whatever your concern. You can talk to different counselling centres. The discussions are strictly confidential. All counselling centres are bound to confidentiality. No action will be taken without your consent.

### Counselling centres



## ... make a formal complaint

At the HMTM you have the opportunity to officially report grievances. The University Administration (comprising of President, Vice Presidents and Chancellor) looks into every complaint.



## Help in an acute emergency (available around the clock):

**Police emergency number** Tel.: 110

**Emergency doctor** Tel.: 112

**Suicide helpline** Tel.: 0800 891 73 91

**Notruf des Krisendienstes Psychiatrie Oberbayern  
(Emergency hotline of the Bavarian Psychiatry Crisis Service)**  
Tel.: 0800 655 3000

**Support hotline »Violence against women«  
(counselling in 17 languages and sign language)** Tel.: 08000 116 016

**Münchner Notfallambulanz für Opfer häuslicher Gewalt  
(Munich Emergency Outpatient Clinic for Victims of Domestic Violence)**  
Tel.: 089 218 073 011 (available all day Monday to Friday)

## Further external advisory services

**Support hotline »Frauennotruf München« (violence against women)**  
[frauennotruf-muenchen.de](http://frauennotruf-muenchen.de)

**BEFORE – Consultation and support for people confronted by  
discrimination, racism and right-wing violence**  
[before-muenchen.de/en/](http://before-muenchen.de/en/)

**KIBS – Contact, Information and Counselling Centre for Boys\* and Young Men\*  
Affected by Sexualised Violence and/or Domestic Violence**  
[kinderschutz.de/Angebote/Beratung-bei-sexuellem-Missbrauch/KIBS](http://kinderschutz.de/Angebote/Beratung-bei-sexuellem-Missbrauch/KIBS)  
(website in German)

**Strong! – LGBTIQ\* Centre against Discrimination and Violence**  
[strong-community.de](http://strong-community.de) (website in German)

**Trans\*Inter\*Counselling Centre for trans\*, inter\* and queer people**  
[trans-inter-beratungsstelle.de/en/home.html](http://trans-inter-beratungsstelle.de/en/home.html)

**DIE ARCHE – Suicide prevention and help in life crises**  
[die-arche.de](http://die-arche.de) (website in German)

**Advice from the Studierendenwerk München Oberbayern (Student Services) –  
sexual Harassment, Discrimination and Violence Counselling Centre**  
[studierendenwerk-muenchen-oberbayern.de/en/advisory-network/](http://studierendenwerk-muenchen-oberbayern.de/en/advisory-network/)